STUDI024

CLASS TIMETABLE





MOVE- RT24 CIRCUITS CLASS:

MONDAY 10AM
TUESDAY 10AM
WEDNESDAY 10AM
THURSDAY 10AM
FRIDAY 10AM



POWER-RT24 HIRT CLASS:

MONDAY 6PM TUESDAY 7AM

WEDNESDAY 6PM

FRIDAY 6PM THURSDAY 7AM



BURN-RT24 HIIT CLASS

MONDAY 7AM TUESDAY 6PM

WEDNESDAY 7AM

FRIDAY 7AM THURSDAY 6PM